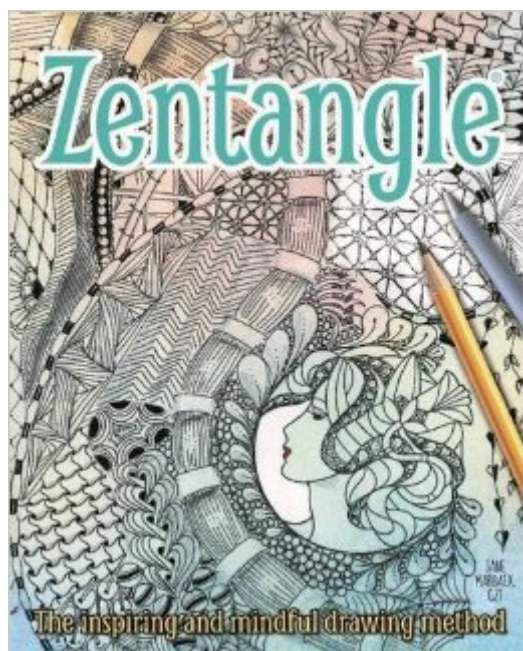


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# Zentangle



## Synopsis

Aimed at beginners, this book shows how beautiful images can be created from repeating patterns. Accredited Zentangle teacher Jane Marbaix demonstrates a range of patterns one step at a time and offers a sourcebook of her own designs to inspire tangles to try something different. Proven to reduce stress and enhance creativity in people of all ages, Zentangle does not require a background in practical art or expensive materials to produce pleasing results. Expert instruction from an accredited teacher in this fast-growing area of practical art, Zentangle provides a wide range of patterns from which tangles can draw inspiration in an attractive, stylishly designed full-color package. Zentangle is a wonderfully mindful art form that helps us attain Zen-like peaceful states in our day-to-day lives.

## Book Information

Paperback: 128 pages

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Product Dimensions: 8 x 0.3 x 11.8 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (39 customer reviews)

Best Sellers Rank: #111,196 in Books (See Top 100 in Books) #38 in [Books > Arts &](#)

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## Customer Reviews

My all time favorite Zentangle book. The work it just beautiful, but most of the projects I can do at my skill level. I am sort of new at this with no art background. Tons of ideas. That is kind of at the heart of Zentangle I think.

Considering the very reasonable price, you get a lot of material in Jane's book. I am writing from the standpoint of someone who has at least 30 tangling and Zentangle's related books for my own reference library. Full disclosure, I also am a Certified Zentangle Teacher (CZT). In Jane's book, there are "blank" pages mixed throughout the various chapters providing outlines of a square tile or zendala for you to use for practice. Notably, the paper is not too lightweight for actually drawing on,

so that's good. Even with those various practice pages, there are a lot of pages of actual content and a good number of tangles illustrated, some of the originals and some from other sources. Jane is a CZT, so she is coming at the subject with the benefits of that approach and selecting what to include from that viewpoint. The chapters cover various topics in addition to illustrating step-outs to tangles. There is content on using rubber stamps, drawing zendalas, kid-oriented projects, incorporating stencils, and several others. A significant portion of the book is devoted to Zentangle Inspired Art (ZIAs), so just expect that when you open the book. All in all, I think it's a very good value for the cost, and with a much nicer than average quality cover for a paperback edition. What it is NOT, is a coloring book. In this book you learn to tangle your own designs to create your own coloring pages. :)

Lots of ZIA examples and uses of patterns in Zentangle tiles. This book makes an excellent reference. Since it is a workbook, it can be used to practice tangling.

Love this book. I use it with my students, and bought a copy for an art therapist who works with chemotherapy patients.

Very pretty pictures and ideas. I'm very picky about zentangle books, but this one I liked.

Have a lot of such books. This one is excellent.

I am a professional artist and illustrator. I purchased this book as a gift for someone who does not consider herself creatively gifted but who enjoys some crafty things. I was delighted to find that it's perfect for her, and I will not hesitate to purchase it for others. As a workbook, it has plenty of pre-drawn blanks of differing sizes and shapes to be filled - not enough to replace a sketchbook and make you feel like you just bought blank pages but enough for a beginner to get the hang of it and see what she enjoys doing. This is not an encyclopedia of hundreds of different patterns, but it gives plenty, both easy and more challenging, to get you started without being overwhelmed. The patterns are pleasing to me. There is a 64-page section featuring one tangle pattern per page with clear instructions and attractive samples of it used. More strengths of this book are the variety of methods and applications it shows - once again, not intimidatingly comprehensive but enough to ignite your creative thinking. Everything is very clearly explained. Some examples are using rubber stamps and stencils to kick-start your shapes, making boxes, and suggestions for kids (or adults!) to do. Finally,

this book is not too heavy on the Zentangle rhetoric that has turned me off in some books. A final note: she recommends Sakura's Pigma Micron pens, which I've found in my illustration work to be the best in the genre. If you want to go back and use watercolor or watercolor pencils, for example, the ink remains lusciously black and waterproof. The Micron starter kit has a great span of sizes, but you could easily start with the 02 or 01 and the 005 for detail. They're a bit harder to use on cold press watercolor paper (rougher texture) but not too much if you're taking your time drawing deliberately and meditatively anyway. I would also recommend a 2B or softer (4B, 6B...) pencil for shading.

This is an excellent book. It is full of ideas of how to use Zentangle (on postcards, frames, cups, etc.) if you didn't know. If you just want to draw Zentangle and don't care for other mediums, it is still good. The images are delicate and fancy and the paper is of great quality. It gives you a lot of blank pages for you to practice. Some people have complained about the blank pages but I see them as a bonus. The book is what it is plus blank pages to practice. It has many patterns that you might have already know (or not). Either way, it is a great book to have and to learn from.

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